



Friendship / Meeting with the other /

Lesson Plan

Objectives:

(SMART)

- 🕒 to help students assess the importance of friendship
- 🕒 to form the ability to distinguish the true from the false friend

Learning outcomes:

Based on this lesson the participants will be able to:

(use action verbs
from Bloom's
Taxonomy)

Knowledge:

- 🕒 identify the nature of friendship
- 🕒 explain the role of the friendly community in personal development

Attitudes:

- 🕒 develop skills for making friends
- 🕒 be able to recognize true and false
- 🕒 Judge the importance of friendship by linking it to a person's natural need for closeness to the other.

Target group

Students ages 14 +

Activity Title & number	Short description of activity	Resources needed	Time 2hs in total
Lead In: Activity 1 Definition of friendship	What is friendship? The World Café interactive technique is used. In a relaxing environment, students are given the opportunity to express different points of view and accumulate interesting suggestions about the nature of friendship. Answers are recorded in Worksheet 1. An analysis of the answers is made and a working definition of friendship is recorded on a flipchart.	Worksheet 1 Flipchart Markers	15'
Activity 2 Discussion	The following parable is read: <i>Old Viking Grimar feasted with friends, and suddenly, in the middle of the feast, he declared that he had not had any loyal friends throughout his long life. Objections began to be heard</i>	Worksheet 1	15'



	<p><i>from all sides: "Remember who first gave you a hand in exile! It was me. "Another called:" When the enemies have burned your farmyard, who builds your new home with you? It was me. "The third said," Who in the battle covered you with your body? That was me. "Grimar replied," I remember everything you did for me. I love you, but you are comrades in adversity and thank you for that. But to tell the truth, I had no friends in my happiness. And I was rarely happy. I was happy when I saved the king when he was hunting and he hugged me in front of everyone and called me the most worthy man. Everyone said nice words to me, but my friends' hearts were silent. And so it was when my army defeated my enemies. I was considered the savior of the people, but even then the hearts of friends were silent. When I brought home the most beautiful girl and she became my wife, the words of my friends were not from their hearts. In happiness, it seems as if one is at the top of the mountain, but the hearts of the people are open down. There are no true friends in happiness .</i></p> <p>After that a discussion followed that leads to the conclusion that "... we should enjoy the joy of our friends as our joy!" - Epicurus.</p>		
<p>Activity 3 Identifying the qualities you need to have in order to have friends</p>	<p>Using Brainstorming and Association Cloud methods, students provide their answers, which are recorded in Worksheet 1.</p>	<p>Worksheet 1</p>	<p>10'</p>
<p>Activity 4 Determining the qualities that a friend should not possess</p>	<p>Sheets of paper are distributed to students to write down what they would like to change in themselves or get rid of the negative qualities so that they have more friends. The information students provide will not be read by anyone. Then they roll the slips of paper written in the trash. Thus the act of throwing, symbolizes the purifying of themselves from the negative qualities.</p>	<p>Sheets of paper Trash bin</p>	<p>10'</p>



<p>Activity 5</p> <p>Solve a moral dilemma</p>	<p>The students are divided into two groups. Each of them receives a moral dilemma to discuss. A selected speaker from both groups presents the results.</p> <p><i>“... I am incapable of friendship: of two friends, one is a slave to the other, although often neither of them acknowledges this. A slave I cannot be, but to dominate is tiring, because along with that you have to cheat...”Pechorin from “ Hero of our time ”by Yu. Lermontov</i></p> <p>How will you comment on these words? Should there be equality in a friendly relationship?</p> <p><i>"We became friends with Sasho in the ninth grade and have been inseparable for over two years. In recent months, he has increasingly complained of trouble with his parents who wanted to control everything. Sometimes for hours he would tell me how old-fashioned their understandings were, how they overreacted to them, how tired their instructions were. One day, towards the end of the school year, Sasho came to our house and told me that he could not stand anymore and decided to run away from home. He asked for the key to our villa because he knew no one was there now. I hesitated for a long time and finally refused. He told me that I was no longer his friend and left.</i></p> <p>We are no longer friends, but I keep wondering if I did the right thing and where are the boundaries of friendship?</p>	<p>Print outs of the moral dilemma</p>	<p>15'</p>
<p>Activity 6</p> <p>The laws of friendship</p>	<p>We inform students that Worksheet 1 sets out exemplary rules for good friendship. Students are asked to read, consider, and continue adding to the list of friendship laws.</p>	<p>Worksheet 1</p>	<p>15'</p>
<p>Activity 7</p> <p>Self-assessment</p>	<p>Students fill in a friendship test - "Can you be a good friend?"</p> <p>A short discussion:</p> <ul style="list-style-type: none"> • What have students learnt about Friendship? • Was the topic interesting to them? • Did they learn how to recognize a good friend? 	<p>Worksheet 2</p>	<p>10'</p>
<p>Activity 8</p> <p>Homework</p>	<p>Students who have excellent knowledge and skills in working with audio and visual equipment are given the task of making a video to visualize the qualities of a true</p>	<p>https://youtu.be/iPd-m7zOhDE</p>	



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	<p>and false friend.</p> <p>Other students should write an essay on "Friendship is the most beautiful secret", reflecting on the following passage: "Here is my secret. It is very simple: it is truly visible only with the heart. The essential is invisible to the eyes. "From the book" The Little Prince "by Antoine de Saint-Exupery.</p>		
Bibliography	<p>Egzuperi, A. de Sainte. The little Prince. Plovdiv, ed. Hermes, 2016</p> <p>Epicurus, Fortunately. Sofia, ed. Kibea, 1999</p> <p>Kolominsky, Jacob. The man - psychology. Sofia, National Education, 1989.</p> <p>Lermontov, Y. Hero of our time. Sofia, ed. Zakhary Stoyanov</p> <p>Methodological Guide to Philosophy, Varna</p>		

See Workbook for filling in the worksheets 1, 2:

Worksheet 1
Worksheet 2



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Worksheet 1

➔ Write down your definition of friendship.

➔ Do you think the old Viking is right and why?

➔ Qualities of a good friend are:

➔ Please, continue adding to the list of friendship laws:

Laws of friendship:

1. „One for all, all for one!“ – the motto of the Musketeers
2. Respect and help yourself!
3. Enjoy with your friends!
4. Keep your friend's secrets!



Worksheet 2

➡ Can you be a good friend? - True friendship test

1. Imagine getting a very sophisticated math homework. You manage to write it, but your friend does not, what are you going to do?

- a. Of course, he is a good friend of mine, but I will not give him my homework written with so much hard work. She did not have to watch so much television, but to work harder.
- b. I will promise that if his teacher tells her to read her homework in front of the class I will give him mine.
- c. Immediately I will give him my own, for hell's sake of copying it.
- d. I will help him to write his homework, even if it is at the last moment

2. Your friend has done a very bad thing. His parents punished him not to leave home for three days, but you have two concert tickets for your favorite band. What are you going to do?

- a. I will give one ticket to another friend and we will go together. And then I'll call my boyfriend / girlfriend and tell him / her in detail how the concert went.
- b. I will ask my boyfriend if I would mind going with another guy after he / she can't.
- c. I will not go to the concert either and will stay home in solidarity.
- d. I will try to persuade his parents to allow him / her to go to the concert.

3. You haven't eaten anything all day and you accidentally find chocolate in your backpack. Your friend asks you, "What did you find?" What will you / him answer?

- a. Nothing.
- b. "How what ... Chocolate and I'll eat it now."
- c. Chocolate. I bought it for you! "
- d. "Chocolate - do you want to share it?"



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4. Your parents bought you a new bike yesterday and your friend doesn't have one. He calls you and asks if he can ride your new bike. What will you answer him?

- a. No, they bought it yesterday.
- b. Of course, but first I will ride it.
- c. Of course, I will give it to you first, then I will ride it.
- d. Welcome, I give it to you all day long.

Results:

Most Answer "a"

You're not a friend. Or, you have had a bad fight with one of your friends. You can't share anything with him and you are unlikely to support him in a difficult moment. We advise you to talk and fix your relationship or find another good friend.

Most answer is "b".

You're a normal friend. You know how to make friends and like your friends a lot, but you don't have a best friend yet who you can trust 100 percent. We think it's just a matter of time until you find one. It will be coming soon.

Most answered "c".

You are a devoted helper. Maybe your best friend is bigger than you, or for some other reason he has authority over you. You give him everything you need and don't need. But remember - friendship must be fair and equitable, so sometimes he thinks about himself too!

The most "d" answers.

Best friend! You are very cool! It is very easy and pleasant to be with you. You are always ready to help or listen to a friend. A positive and open-minded person, you know how to communicate and you never forget your friends.



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