

## Family breakdown

### Lesson Plan

#### Objectives:

(SMART)

- ☞ Encouraging communication inside of the family
- ☞ Strengthening social skills like communication and team work
- ☞ Developing critical thinking on family breakdown

**Learning outcomes:** Based on this lesson the participants will be able to:

(use action verbs  
from Bloom's  
Taxonomy)

#### Knowledge:

- ☞ Identify the importance, role and functioning of the family as a factor for personal realization.
- ☞ Explain differences between people and prepare for life in a world of diversity and tolerance.
- ☞ List techniques for adequate response in different life situations.

#### Attitudes:

- ☞ Students to understand the interpersonal communication
- ☞ Students to analyze and understand the relationships inside of the family
- ☞ to apply their knowledge to build quality relationships inside or / and outside the family

**Target group**

**Students ages 14 +**

Activity Title & number	Short description of activity	Resources needed	Time 2hs in total
<b>Lead In:</b>  <b>Activity 1</b>	<p>Students are given a survey that contains questions related to their self-esteem for their knowledge and feelings. Fill in for 5 minutes and set aside. Worksheet 1</p> <p>Students are given printouts with sentences written. The task is to select at least three that respond to their understanding. They have to explain their choices.</p>	Flipchart Markers printouts	15'

Students can be divided into groups in this task.

**1.** "You don't choose **your** family. They are **God's gift** to you, as you are to them."

Desmond Tutu

**2.** "All happy families are alike. Every unhappy family is unhappy in their own way. "

Lev Tolstoy

**3.** "Family is the most important thing in the world. "

*Princess Dayana*

**4.** "One should never neglect his family for work."

Walt Disney

**5.** "Family quarrels are a bitter thing. They do not pass by any rules. It's not like pain or wounds, it's more like a cut in the skin that won't heal because there isn't enough substance. "

Francis Fitzgerald

**6.** "A woman's natural role is to be a pillar in the family. "

Grace Kelly

**7.** "Tennis is just a game. The family is forever. "

Serena Williams

**8.** "There is nothing else that can make you feel crazier than your family. Or happier. Or more annoyed. Or more ... sure. "

Jim Butcher

	<p><b>9. Manage your family as if you were cooking small fish. Very delicate.</b></p> <p>Chinese proverb</p> <p><b>10. "It's lucky to have a big, happy, caring, close-knit family in another city. "</b></p> <p>George Burns</p> <p><b>11. "The power of the nation comes from the integrity of the home. "</b></p> <p>Confucius</p>		
<p><b>2. Main activities</b></p> <p><b>Activity 2</b></p> <p><b>Discussion</b></p> <p><b>Activity 3</b></p> <p><b>Discussion</b></p>	<p><b>Family with a parent or parents working abroad and divorced parents</b></p> <p><b>1. How is the absence of one or both parents reflected in their children's school success?</b></p> <p>The students have a discussion - they answer the following questions:</p> <ul style="list-style-type: none"> <li>- How often do you communicate with a parent who works abroad or who doesn't live with you?</li> </ul> <p>"What do you expect from him/ her?"</p> <p>"What does he/she expect from you?"</p> <ul style="list-style-type: none"> <li>- Are your school successes related to the material benefits you receive from it?</li> </ul> <p>Students' answers are recorded on a flipchart sheet.</p> <p><b>2. Positives and Negatives aspects and Consequences</b></p> <p>The students are divided into two groups. One group records in a table the positive aspects of having a working parent in the family abroad and what the consequences would be. The second group records the negative aspects of having a working parent in the family abroad and what the consequences would be. Worksheet 2 Speakers from each group are selected to</p>	<p>Flipchart</p> <p>Sheets of paper</p> <p>Marker</p> <p>Worksheet 2</p>	<p>20'</p>

<p><b>Activity 4</b> <b>Discussion</b></p>	<p>present the results.</p> <p><b>3 Ways of coping with the problems in the family and at school</b></p> <p>Ways to deal with family and school issues.</p> <p>Students are again divided into groups and their task is to write in 2 minutes (brainstorming) as many problems as possible that would arise in the family and at school when there is a working parent abroad or a divorced parent. Worksheet 3</p> <p>The results are summarized. The main issues are displayed and recorded on a flipchart or on a whiteboard.</p> <p>Then, in form of a discussion, students come up with ways to deal with these issues. Indicate the people and / or institutions that could assist.</p> <p>The results are again recorded on Worksheet 3.</p>	<p>Worksheet 3</p>	
<p><b>3. Practical task</b> <b>Activity 5</b></p>	<p><i>Give ideas for a video script that shows the potential problems students may encounter when there is a parent working abroad in their family or divorced parents. Include solutions to potential problems / ways of dealing with whom to ask for help or mutual assistance, etc. /. Worksheet 4</i></p>	<p>Worksheet 4</p> <p>Search for more ideas at:</p> <p><a href="https://www.youtube.com/watch?v=yLir3pHD3k!">https://www.youtube.com/watch?v=yLir3pHD3k!</a></p> <p><a href="https://www.youtube.com/watch?v=cKcNyfXbQzQ">https://www.youtube.com/watch?v=cKcNyfXbQzQ</a></p> <p><a href="https://www.youtube.com/watch?v=MpTefcuwb sk">https://www.youtube.com/watch?v=MpTefcuwb sk</a></p>	<p>20'</p>
<p><b>4. Closing activity</b></p>	<p>Students are given the same survey as at the beginning of the class. They have 5 minutes to complete and submit it.</p>	<p>Worksheet 1</p>	<p>10'</p>

<p><b>Activity 6</b></p>	<p>Worksheet 1</p> <p><b>A short discussion:</b></p> <ul style="list-style-type: none"> <li>• What have students learnt about Family breakdown?</li> <li>• Was the topic interesting to them?</li> <li>• Did they learn how to cope with problems in family and at school?</li> <li>• Who can help them?</li> </ul> <p>After the discussion, a comparison is made of the answers in both surveys and the results are analysed as to how the students' thinking has changed, how they feel after the discussion.</p> <p>Conclusions are drawn about how the same topic could be continued according to the results shown, etc.</p>		
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**See Workbook for filling in the worksheets 1, 2,3,4:**

Worksheet 1
Worksheet 2
Worksheet 3
Worksheet 4

## Worksheet 1

➔ Write down the positive aspects of having a parent working abroad or divorced.

➔ Write down the negative aspects of having a parent working abroad or divorced.

➔ Write down the consequences of having a parent working abroad or divorced.

## Worksheet 2

QUESTIONNAIRE

- ➞ 1. Do you know what the term " family breakdown " is? Yes / No
- ➞ 2. When one or both parents are working abroad, can the family be broken up? Yes / No
- ➞ 3. When one of your parents is missing, is there any impact of success in your school? Yes / No
- ➞ 4. Do you think that if one parent works abroad , children in his family might be more vulnerable to some of the following issues:
- Alcohol addiction
  - Drug addiction
  - Aggression
  - Depression
  - Poor school success
  - Problems in family communication
  - Problems in communicating with friends and classmates
  - I can not decide
  - Other: please specify .....
- ..... ,
- ➞ 5. If you had problems in your family and / or school, would you know where to go to ask for assistance or help? Please specify: .....
- .....
- ➞ 6. Are you familiar with support groups? Yes / No
- ➞ 7. Would you attend such support Groups? Yes / No
- ➞ 8. Who do you prefer to share your problems with? Please underline:
- Police
  - Headmaster of your school
  - School psychologist
  - Pedagogical advisor at school
  - Classmates
  - Friends
  - Relatives - brother, sister, cousins, mother, father and more.
- ➞ 9. Other comments on the topic:.....
- .....

### Worksheet 3

#### Ways of coping with the problems in the family and at school

- ➔ Please, write down the ways you think that will lead to solving a problem connected with the family and school issues.

**Please indicate the people and / or institutions that could assist or help you. What do you expect from them?**



## Worksheet 4

### Ways of coping with the problems in the family and at school

- ➔ Please, write down things that you think will lead to solving a problem connected with the family and school issues.

1, Problems

2. Solutions

3. Idea for short video

