



Module 3

Lesson Plan no. 5: Alcohol Abuse

<p>Objectives:</p>	<ul style="list-style-type: none"> • To recognise the danger of alcohol abuse • To identify different reactions to alcohol abuse • To understand alcohol abuse as a chronic disease • To analyse the unhealthy consequences of alcohol abuse • To distinguish between social drinking and abusive drinking • To turn down a drink and stick to this resolution
<p>Learning Outcomes: (use action verbs from Bloom's Taxonomy)</p>	<p>Based on this lesson the participants will acquire:</p> <p><u>Knowledge:</u> Recognise the effects of alcohol abuse</p> <p><u>Skills:</u> Illustrates different reactions to alcohol abuse</p> <p><u>Attitudes:</u> Refuse to drink addictively</p>

Activity No.	Description	Duration	Resources / Hiperlinks / Links
1	<p>KWL chart</p> <p><u>Aim:</u> to connect new knowledge with what they already know.</p> <p>The teacher prepares a large sheet of paper with three columns: a KWL chart. Each of the columns has one heading:</p> <ul style="list-style-type: none"> • What does alcohol abuse mean do you? What do you KNOW about alcohol abuse? What are the characteristics of a drunk person? Share examples. • What do we WONDER about this topic? What questions do we have? • What have we LEARNED about this topic? <p>Then ask learners to share their ideas with a partner sitting next to them. After a few minutes, ask some learners to share their thoughts with the entire class. Write down these suggestions on the large sheet of paper. Having compiled a list of things that learners already know about 'ALCOHOL ABUSE, you may also ask what questions they have: What do we WONDER about this topic? Write down their ideas on the large sheet of paper.</p>	20'	Worksheet 1 KWL Chart



	<p>In the next lessons, come back to review the KWL chart regularly and add new ideas to the second (WONDER) and third (LEARNED) columns.</p> <p>(See Activity 1 Worksheet 1 KWL Chart)</p>		
<p>2</p>	<p>The teacher asks the students the following question: What are in your opinion the potential risks and dangers of alcohol abuse?</p> <p>Then, the teacher shows the following short videos: https://www.youtube.com/watch?v=L9SnTU-GXjo https://www.youtube.com/watch?v=EY37BFmVxwQ https://www.youtube.com/watch?v=zSTVFhN-Au8</p> <p>Divide the class in groups of 5. Nominate a spokesperson in each group to summarise the conclusions. Give them a piece of paper for the writing of the answers to the following questions written on the board:</p> <ul style="list-style-type: none"> • What are the warning signs of Alcohol Abuse? • How does Alcohol Abuse affect physical health? • What are the mental effects of Alcohol Abuse? • How can we help others with Alcohol Abuse? • What are the potential risks of Alcohol Abuse? 		
<p>3</p>	<p>Each spokesperson shares with the class their answers and sticks the paper on the wall.</p> <p>The group votes for the best solution to each situation.</p>		
<p>4</p>	<p>Filling in the KWL Chart (What we learned?)</p> <p>References and other useful sources: https://www.youtube.com/watch?v=L9SnTU-GXjo https://www.youtube.com/watch?v=EY37BFmVxwQ https://www.youtube.com/watch?v=zSTVFhN-Au8</p>	<p>One session of 45' plus 30' group work (1h15'all together)</p>	<ul style="list-style-type: none"> ▪ WiFi, Computers/Smart Phones/ Internet/ Videos/Websites ▪ Texts