



HMWS
Healthy Minds, Wellbeing at School

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www.healthymindsproject.net

SELF-TEACH WORKBOOK

Discrimination, unit 14

TIME ASSIGNED: 1 HOUR

Discrimination, worksheet 1

1. Read the declaration of human right, article 1 and article 2. Sum up what these articles say about discrimination:

2. Give five examples of ways a person might be discriminated against:

1.

2.

3.

4.

5.

3a. Explain equality and give some examples of inequality.

3 b. How can you say equality and discrimination are related?

3a.

3b.

Discrimination, worksheet 2

1. Give some examples of discrimination below. Make the examples as authentic as you can. Describe the situation and the persons involved. Finally – describe a solution to every example describing how the discriminating situation could have been avoided.

a) Gender discrimination

[Få läsarens uppmärksamhet med ett bra citat från dokumentet eller använd det här utrymmet för att framhäva en viktig poäng. Dra den här textrutan om du vill placera den någonstans på sidan.]

b) Age discrimination

[Få läsarens uppmärksamhet med ett bra citat från dokumentet eller använd det här utrymmet för att framhäva en viktig poäng. Dra den här textrutan om du vill placera den någonstans på sidan.]

c) Disability discrimination

[Få läsarens uppmärksamhet med ett bra citat från dokumentet eller använd det här utrymmet för att framhäva en viktig poäng. Dra den här textrutan om du vill placera den någonstans på sidan.]

Discrimination, worksheet 3

Make an anti-discrimination poster. You can use paper and pens or make on the computer.

Write an explanation to the poster – background, meaning, message etc. and prepare to present it to your teacher and/or your class.

Some examples:



Discrimination, worksheet 4

Word definitions – write the definition (a summary) to each of the 9 types of discrimination according to the Equality Act 2010:

- Age
- Disability
- Gender Reassignment
- Marriage & Civil Partnership
- Pregnancy & Maternity
- Race
- Religion or Belief
- Sex
- Sexual orientation

Discrimination, worksheet 5

The Equality Act 2010 list 9 types or characteristics of discrimination; age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership, and pregnancy and maternity.

Read the cases below and define what kind of characteristics of discrimination the case describes.

1. *The staff at a restaurant refuses to read the menu for a guest with visual impairment.*

Characteristic of discrimination:

2. *A doctor does not let a man book time for wearing a wig and a dress.*

Characteristic of discrimination:

3. *A real estate agent denies a person to buy a house for being considered too old.*

Characteristic of discrimination:

4. *A colleague makes unwelcome sexual encounters.*

Characteristic of discrimination:

5. *An employer cancels an employment because the employee is pregnant.*

Characteristic of discrimination:

6. *An employer does not call an applicant for a job interview because the person has a foreign-sounding name.*

Characteristic of discrimination:

7. *A teacher mocks a female student for wearing a headscarf.*

Characteristic of discrimination: